

HAWG RUN 5K

& 1 MILE FUN RUN AND WALK "OFFICIAL REGISTRATION FORM"

COMPLETE AND MAIL FORM WITH PAYMENT
MAKE CHECKS PAYABLE: Barbecue Festival
MAIL TO: Barbecue Festival, PO Box 1642
Lexington, North Carolina 27293

ENTER ME IN :

5K RUN _____ \$18 (Before 10/3)
\$22 after 10/3 & Day of Event

1 MI. RUN _____ \$12 1 MI. WALK _____ \$12

NAME _____

EMAIL _____

AGE (ON DAY OF EVENT) _____

CHECK ONE: MALE__ FEMALE__

MAILING ADDRESS _____

PHONE: _____

T-SHIRT SIZE (CIRCLE) S M L XL XXL

WARNING: Participating in this event could result in physical injury. Weather conditions and physical conditions are factors to be considered. High temperatures and humidity can cause physical harm to runners, particularly runners in poor physical condition. Please use caution and enjoy the event.

REQUIRED RELEASE:
(MUST HAVE APPROPRIATE SIGNATURE!)

I waive any and all claims against the Barbecue Festival, Carolina Regional Heart Center, Carolina Cardiology Associates, the City of Lexington, and any other person or group assisting with this event, for illness or injury which may result directly or indirectly from my participation in the event. I am in proper physical condition to participate, and I am aware that participation in this event could, in some circumstances, result in physical injury.

Participant's Signature _____

Parent signature (Under 18) _____



Special Thanks To:



Lexington Utilities
Natural Gas • Electric • Water Resources
"Serving Davidson County Since 1904"



A donation will be given to Childress Angels for providing volunteer staff. The organization's mission is to promote a renewed sense of fun, fellowship, and community service among employees and families of all Childress Companies.



Special Thanks to the Lexington Police Department



Carolina Cardiology Associates
High Point Regional Health System

PRESENTS THE
OFFICIAL BARBECUE FESTIVAL EVENT

HAWG RUN



MAIN STREET, UPTOWN LEXINGTON

Saturday, October 17, 2009

8:00 AM – 1 Mile Fun Run/Walk

8:30 AM – 5K Run

Course USATF Certified

26th Annual Barbecue Festival

Uptown Lexington, NC

October 24, 2009

www.barbecuefestival.com



Help Us Celebrate!

It's time for the 26th Annual Barbecue Festival, and we have planned a great 5K event in celebration of Barbecue Month. There's also a non-competitive 1 Mile Fun Run & Walk division.

Course Location & Description

The event will start at a line on North Main St. at 4th St. and proceed south to the 2.5K turn around at Harrington Ave. and return to the start/finish line. The course is USATF certified and is relatively flat and straight.

Race Timing

Off'n Running Sports, a professional race timing & service provider, will provide race timing.

5K Awards Program

1st Place Finisher's Overall Male & Female will receive \$100 and a certificate. 1st Place Finisher's in each age category receive \$25 and a certificate.

5K Awards Presentation

Awards will be presented at the conclusion of the 5K event in the BB&T parking lot.

Showers Available at the YMCA
(119 West 3rd Avenue)

-Official Event Schedule-

Saturday, October 17th
6:30 a.m. - 8:00 a.m. Check-In
8:00 a.m. 1 Mile Run Start
8:00 a.m. 1 Mile Walk Start
8:30 a.m. 5K Start

Registration & Parking

Registration will be located in the parking lot of BB&T bank at 209 North Main Street. Parking will be available behind BB&T and the Davidson Funeral Home parking lot across from BB&T. Side street parking will also be available.

Entry Categories

Female: 19 and Under; 20-29; 30-39;
40-49; 50-59, and 60 and older
Male: 19 and Under; 20-29; 30-39; 40-49;
50-59, and 60 and older

Be sure to indicate which category represents your age on the entry form. Also important, don't forget to sign the release information!

ENTRY FEE

5K - \$18 Per Person (Prior to 10/3)
\$22 After 10/3 & Day of Event
1 Mi. Run & Walk - \$12
*All Pre-registered Entries Include
Official Hawg Run T-Shirt

About Our Main Sponsor...



Carolina Regional Heart Center

Developed as a way to maximize convenience and service for our patients and families, Carolina Regional Heart Center contains every component of heart care under one roof. Featuring a vast array of services focused on cardiovascular disease, the center houses:

- Cardiac catheterization lab
- Medically directed fitness center
- Cardiac rehab program
- Carolina Cardiology Associates' offices
- Mills & Tucker Cardiothoracic Surgeons

To make an appointment for your Cardiac Risk Factor Screening call our Lexington office at 248-4864.

**For additional event information call:
336-956-1880, 9:00 a.m. to 5:00 p.m., M-F**

